

Fetal Alcohol Spectrum Disorder (FASD)

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FASD Coordinators

Dufferin
Wellington
Guelph
FASD

Fetal Alcohol Spectrum Disorder

What is FASD?

- Fetal Alcohol Spectrum Disorder (FASD) is a diagnostic term used to describe lifelong neurodevelopmental impacts on the brain and body of individuals prenatally exposed to alcohol.
- Lots of variability; individuals are unique and have areas of both strengths and challenges
- Individuals benefits from support in various areas to reach their full potential

FASD Facts

- FASD impacts approximately **4%** of Canadians
- **More than** Autism Spectrum Disorder (1.52%), Cerebral Palsy and Down Syndrome and Tourette's Syndrome **combined**
- 90% of individuals with FASD also experience mental health issues
- The social and economic cost of FASD in Canada ~ \$1.8 billion annually*
- Early intervention and access to supports that carry into adulthood help individuals with FASD achieve positive outcomes

*Popova (2016)

Prevalence

Dufferin Wellington Guelph

(Census Profile, 2016)

Population Profile	Population
Total Population of Dufferin, Wellington, Guelph	416, 255
# of children/youth living in Dufferin, Wellington, Guelph	99, 760
Estimated # of children/youth with FASD in DWG	3, 990

What We Might See

- Difficulty learning from past mistakes
- Not following through with instructions
- Difficulty with emotion regulation and impulse control
- “Defiant” or “Oppositional”
- Seems younger than their peers (developmental dysmaturity)



Is FASD 100% preventable?

Stigma and Myths

- FASD is not caused intentionally by the birthing parent
- May be unaware of pregnancy
- Over 60% of pregnancies are unplanned
- May be misinformed of the dangers of alcohol use
- May be dealing with difficult life situations
- May be lacking appropriate support to stop

FASD Coordinator Referral Criteria

- Ages 0 - 18 years
- Ages 18 - 21 years (still in school)
- Possible or Diagnosed FASD
- Must reside in Dufferin, Wellington or Guelph

How We Can Help

Consultations

Service
Coordination

Family Capacity,
Support and
Connections

Community
Capacity and
Awareness

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Contact Information

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