

Headwaters **Communities** *in Action*

Making Life Better Together





Welcome to our Mar 26 FORUM





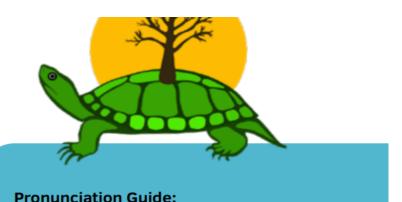


Land Acknowledgment

We would like to begin by respectfully acknowledging that Dufferin County resides within the traditional territory and ancestral lands of the Tionontati (Petun), Attawandaron (Neutral), Haudenosaunee (Six Nations), and Anishinaabe peoples.

We also acknowledge that various municipalities within the County of Dufferin reside within the treaty lands named under the Haldimand Deed of 1784 and two of the Williams Treaties of 1818: Treaty 18: the Nottawasaga Purchase, and Treaty 19: The Ajetance Treaty.

These traditional territories upon which we live and learn, are steeped in rich Indigenous history and traditions. It is with this statement that we declare to honour and respect the past and present connection of Indigenous peoples with this land, its waterways and resources.



Tionontati – "Tee-oh-nahn-TAH-tee" Attawandaron – "At-tah-wahn-da-ron" Haudenosaunee – "ho-DEE-no-Sho-nee" Anishinaabe – "ah-NISH-IH-nah-bay"

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Our Mission: Connecting with each other Growing and Learning Making a Commitment and Taking Responsibility

For being Better Together







For contributing to a vision of:

An equitable community where everyone, today and for generations to come, have 100% wellbeing



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Accountability Accountability Client collaboration Embracing diversity Innovation







Accountability

Definition: Being responsible individually and as part of the collective to the overall vision, mission and goals of DC MOVES

- 1. show up engaged and ready to participate in discussions and decisions
- 2. take responsibility for my personal words and behaviours
- 3. follow through on what I promise to do







Client Collaboration

Definition: Making space for and working with as many voices of the community as possible to meet the DC MOVES agreed upon goals

- 1. create the systems for inclusion to build trust and equity
- 2. invite input honouring individual experience with compassion and respect
- 3. foster consensus







Embracing Diversity

Definition: Building awareness and appreciation for individual and collective experience, history and culture

- 1. commit to ongoing group and personal learning
- 2. be conscious of personal privilege
- 3. create courageous spaces for difficult conversations
- 4. develop a membership that reflects the diverse communities in Dufferin







Innovation

Definition: Being bold to create new solutions for gaps identified in addressing pervasive social issues as agreed upon by the DC MOVES participants

- 1. ask different questions, examine assumptions
- 2. be persistent about removing barriers
- 3. actively explore / provide alternatives
- 4. test solutions scale up, scale out for greater impact and reach







AGENDA

Human Connection

HOPE

Presentations

- OHT Tracy Coffin
- FASD Tara Lesky
- DC YWH update Jennifer Moore
- DBOT Diana Morris
- Developmental Services ON CW Sarah Downie







Human Connection

Introductions

Please introduce your self, your organisation, and serviceShare 1. why is it important for you to be here today, and2. what is important for your organisation right now







ΗΟΡΕ

Hope
Optimism
Positive future mindedness
Expecting the best and working to achieve it







ΗΟΡΕ

Feeling hopeful? Hopeless? Something in between?

Go to menti.com 4790 8785







HOPE INDEX

Eileen Chadnick, Big Cheese Coaching

https://www.bigcheesecoaching.com/2024/01/the-hope-index-and-how-to-boost-it/

"Hope is crucial for our wellbeing, resilience — and even for our propensity to reach out in pursuit of our goals"

"Hope is both a positive emotion AND a strength that we can cultivate and call upon to amplify our "hope index."















It's a bigger problem than you think

18% of households are food insecure in our community²



of **1 in 4** children live in food insecure households³



52% of people who are food insecure have wages, salaries, or self-employment⁴



The cost of the Nutritious Food Basket⁸ for a family of four in 2023 is **\$1,349.27** per month.⁵ This is **14% higher** than in 2022.



There are higher rates of **physical and mental health conditions**⁷ among people who are food insecure – resulting in higher healthcare costs and even premature death.

Due to barriers including transportation, dietary needs, stigma, and shame, only **25%** of food insecure households use food access services such as food banks.¹⁰









Income security is the effective response to food insecurity

Inadequate social assistance is keeping people in poverty

To afford just rent and food - let alone any other expense...

- A family of four reliant on Ontario Works would require at least an EXTRA \$300 per month⁵
- A single person reliant on Ontario Works would require at least an **EXTRA \$600 per month**⁵
- A single person on the Ontario Disability Support Program would require at least an EXTRA \$450 per month⁵

food/ shelter

A family of four with one full-time worker earning minimum wage needs to use **74%** of their income to afford rent and food, leaving little for all other essential expenses.⁵

<u>E</u>(\$)=

The living wage in Guelph-Wellington is **\$20.90/hr.**⁶ Ontario minimum wage is **\$16.55/hr**. For 2 working adults, earning minimum wage equals a **\$15,225/year shortfall**.⁹







1



Together, we can **DEMAND ACTION** to solve food insecurity.



Demand change – sign the petition and advocate for increased social assistance rates.

Spread the word.



If you can, give time or money – food access programs do not solve food insecurity, but they do provide essential relief.









DCEC Health Equity - Food Insecurity sub group

Dufferin Food Access Collaborative

Income Security for Food Security is a public awareness and advocacy campaign of the Guelph & Wellington Task Force for Poverty Elimination in collaboration with community partners in Wellington County and Guelph.

Income insecurity is the root cause of food insecurity. Policy change is the solution.

Join us in calling on the Provincial Government to support:

- Higher social assistance rates
- Higher minimum wage rates
- Affordable housing

campaign webpage at <u>www.gwpoverty.ca/food-insecurity</u>









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Calls to Action

We are asking people to take action by signing a petition to the Government of Ontario to double social assistance rates.

The petition is part of a broader Ontario campaign led by Dr. Sally Palmer. The WGPoverty Task Force is acting as a local organizer.

It is a **Legislative Assembly of Ontario petition**, which means all **signatures** must be written on a **hard copy**. The petition cannot be virtual. With an MPP's support, the petition will be presented to the Legislative Assembly and the Government must respond within 24 days.





DCMOVES Better together.



PETITION: TO RAISE SOCIAL ASSISTANCE RATES

To the Legislative Assembly of Ontario:

Whereas Ontario's social assistance rates are well below Canada's official Market Basket Measure Poverty Line and far from adequate to cover the rising costs of food and rent: \$733 for individuals on OW and \$1308 for ODSP

Whereas an Open Letter to the Premier and two Cabinet Ministers, signed by over 230 organizations, recommends that social assistance rates be doubled for both Ontario Works (OW) and the Ontario Disability Support Program (ODSP)

Whereas small increases to ODSP have still left these citizens below the poverty line, both they and those receiving the frozen OW rates are struggling to survive at this time of alarming inflation

Whereas the Government of Canada recognized in its CERB Program that a 'basic income' of \$2,000 per month was the standard support required by individuals who lost their employment during the pandemic

We, the undersigned citizens of Ontario, petition the Legislative Assembly to double social assistance rates for OW and ODSP

| Name (printed) | Address (printed) | Signature |
|----------------|-------------------|-----------|
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Please return to Organizer or mail to: Dr. Sally Palmer, 403-1000 Creekside Drive, Dundas ON L9H 7S6 (Tel. 519-755-8056). Only original signatures are acceptable in the Legislature, so please use Canada Post. Many thanks!



https://www.gwpoverty.ca/wp-

home-address-July-2023-2-1.pdf

content/uploads/2024/01/APetition-







- 1. Print the petition in your workplace and circulate it for signatures
- 2. Take the petition everywhere you go collect more signatures
- Deliver all signed petitions to the Edlebrock Community Services welcome counter addressed to me – by April 30th

I will get them to GW Poverty Task Force to be delivered along with their petitions to QP





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I am grateful for

Our wonderful Presenters the wonderful space at MoD nourishment from Maple Grove Farms

ALL of you being here today and for your continued commitment and contributions

Thank you for making us all Better together !