

Home for Today. Choices for Tomorrow

## A little about us...

- Established in 2000
- Registered Not-For Profit
- Supported by a Volunteer Board of Directors
- Support at risk Youth from 16-24 in Dufferin County
- Support all Genders of Youth
- Funded by Dufferin County along with Grants and Donations
- Operate 24 hours a day with 2 staff on site



### **Our Goal**

- ▶ Develop and promote community support for youth which will ensure their successful integration into the community as productive members.
- Provide emergency housing for homeless youth.
- Create awareness of support for the homeless throughout Dufferin, while creating and developing strong community partnerships.
- ► Provide opportunities to develop life skills within the community through access to education and community support to build positive self esteem and empowerment.
- ▶ To adapt as the needs of the community change.

#### **Choices Values**

#### **Collaboration**

Genuine Desire to work together to understand strengths and vulnerabilities in order to create a better way of life

#### **Accountability**

Upholding the fundamental ethical, operational and institutional principles of Choices in transparent, trustworthy, honest and consistent manner

#### **Respect & Dignity**

Recognizing, acknowledging and accepting people as individuals with their own life experiences. Treating all people fairly, respectfully and equitably

#### **Empowerment**

The ongoing effort to work on self improvement. The process of becoming stronger and more confident, especially in controlling one's life

## The Team at Choices:

- ► Case Manager-Erica Dunn providing exceptional in house support through developing connected positive relationships with Youth and developing goals that are client centered.
- Frontline Team Consists of 10 staff whose educations are in Social Service fields and are compassionate advocates who connect with Youth to offer them support, guidance and leadership.
- ▶ Director- That's me the newbie at the Shelter.



## How do we help?

Youth at Choices, not only receive a safe warm bed but they also receive home cooked meals, hot showers, clothing and personal care items along with staff who are trained to listen to and offer guidance. During our intake process, we complete assessments in order to ensure that youth are providing with the best level of coordinated access to all of our in house services like:

- Financial planning and budgeting
- Life skills programs that included cleaning and laundry skills and proper personal hygiene
- ► Education: helping youth to graduate or apply for programs to achieve their education goals.
- Employment searches including résumé writing, labor law and interview preparation
- Conflict resolution skills and anger management

# How do we help continued....

- ► Landlord Tenant Rights and awareness
- Building and maintaining healthy relationships
- Nutrition and cooking skills
- Securing ID for those Youth who do not have any
- Accessing Financial Supports
- Referrals to different programs with all of our community partners
- ► Family support

Our youth care program is designed to support youth who have lived at the shelter as well as at-risk youth living in the community. The program offers a range of flexible and accessible support systems. We work with youth to establish their goals and ensure that they are able to be successful when they leave Choices.

# Other Supports we offer:

- Outreach Services: Food boxes, hygiene items, case management, Counselling for Addictions and Mental health through our Partnerships with the Salvation Army.
- ▶ On going Support: Although youth leave shelter we are only call away. We can provide support with Budgeting, Landlord tenant support, legal supports via connecting youth with community partners.
- ► Events: We are excited to be able to start to offer events soon for Youth in shelter and in community. Stay tuned for updates

# **Diversity and Inclusion**

We value the dignity and worth of all persons and encourage respect for individual differences, beliefs and diverse lived experiences. Choices Youth Shelter is committed to building and fostering a harmonious and inclusive environment for all people regardless of their race, ancestry, place of origin, ethnic origin, colour, sex, sexual orientation, gender identity, political or religious affiliation and disabilities. We aim to equitably treat our residents, community members, staff and volunteers and to fairly provide services free from discrimination, bias, judgment, harassment and hate.





### **Dufferin Men's Shelter**



Choices is thrilled to announce that we will be opening a Homeless Men's Shelter.

Our Shelter will provide support for Men who are experiencing Homelessness in Dufferin County from the age of 25 and up.



Stay Tuned for Updates on the progress that we are making and a Grand Opening date.

### Come Join Us...



## Contact us:

Erin Goodyear - Director <a href="mailto:egoodyear@choicesyouthshelter.info">egoodyear@choicesyouthshelter.info</a>

Erica Dunn-Case Manager <a href="mailto:edunn@choicesyouthshelter.info">edunn@choicesyouthshelter.info</a>

Call- 519-940-5687

www.choicesyouthshelter.com





