

Recreational Respite (National) promotes inclusion, encourages community participation and nurtures social connectivity for children, youth and adults with disabilities and mental illness.

Our team of Recreation Professionals help to reduce the barriers and provide individualized programs through direct [one to one](#) and [group programs](#).

www.recrespite.com

Alyson Thompson

Community Relations Manager, National

Recreational Respite Inc.

1-877-855-7070

www.recrespite.com



**RECREATIONAL
RESPITE**