

Headwaters **Communities** *in Action*

Making Life Better Together





Welcome to the Sept 24th FORUM







Land Acknowledgment

https://native-land.ca/

We wish to acknowledge the indigenous lands from which we gather as we are spread out in our various workplaces – to ground ourselves today in appreciating indigenous place, history and legacy for creating community.

In a recent pod cast Ava Hill, former Chief of the Six Nations Elected Council, was talking about truth and reconciliation – she said everyone needs to define this for themselves, to take action to learn about the history and culture of our indigenous peoples and to appreciate the uniqueness's of individuals within all cultures in our community.







The DC MOVES MISSION:

Create a platform for fostering collaboration, and information and knowledge sharing, to benefit *the human service providers who serve* the residents of Dufferin County.







Purpose of our FORUM Strengthening our collective knowledge and capacity thru information and resource sharing







Welcome and opening remarks

MPP Sylvia Jones – video message

https://drive.google.com/file/d/17jVZZ3OAd6Cr h6nfqlURoguxR7_eTez5/view?usp=sharing







- 1. Mental health how we are coping? what is available?
- 2. How we can connect with each other OUTSIDE the forum, connect with each other in a conversational way?
- 3. SUCCESS and GOOD NEWS stories positive, hope 😳
- 4. Unique collaborations, service delivery changes?
- 5. Building sector and organizational resilience?



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AGENDA



Kim Van Ryn & Sara Clarke – Branching Out

Individual and Group exercise – Mental Health



Laura Perro – Comfort Keepers

BREAK – Virtual Coffee "chat"



Anna McGregor – Recovery for All

Breakout – Resource Sharing, Building Resilience



Gift from Julia – Julia's Music Therapy



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Check – in Zoom poll. How are you feeling?









10 min - Personal Reflection Opportunity What is challenging my personal mental wellbeing in my work?

- 1. What have I tried?
- 2. What have I learned?
- 3. What is working well?
- 4. What remains a challenge?



https://drive.google.com/file/d/1apMDISgpgxfJq5nGv_8-QaohncRl_Iz/view?usp=sharingElaine







5. what can I do next? Ideas and Resources

BREAK OUT

Brain storm ideas and resources

https://drive.google.com/file/d/1XvvgqEU9XSnUa6bT2w5 5cU5n4zL2SZsY/view?usp=sharing







RESOURCE SHARING – Our Collective Enoughness for building resilience

An **Abundance Mentality** maintains that there:

- is more than enough
- we can all achieve more together
- there's plenty to go around and everyone can enjoy the plenty that we've been given



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Our Collective Enoughness Budget

Agencies have to **GIVE**

Agencies need to **GET**







Grouping of data from June 24th Forum & today's ACTION Break out groups

- 1. Communication / information
- 2. Funding
- 3. Housing and facilities

4. Supports







JUNE data

Communications tools to share information org have available to GIVE

- County of Dufferin social media platforms <u>cnielsen@dufferincounty.ca</u>
- DC MOVES website/WOTMs/ DYK bulletins coordinator@dcmoves.org
- DPSN info@dpsn.ca
- VD <u>https://www.volunteerdufferin.ca/</u>
- FTP Brennan Solecky
 <u>brennan@familytransitionplace.ca</u>

Communications/ information orgs needed to GET

- Information about the hours of availability and access for resources/services to clients
- Broader awareness of Home Sharing as a viable solution to affordable housing Dorothy Mazeau 416-550-4015
- Publicity sharing the "support local messages" DBOT
- Information of service delivery changes
- Increased registration on Join in Dufferin to have a voice







JUNE data Constraints for communications

- Community outreach
- Lack of clear information re pandemic causing caution for service delivery
- Not knowing school opening impacts communication/language barriers
- Need for people on committees and boards
- Shift in perception for shared living as viable option







September ACTIONs for communications

- row/continually
- Ensure organisation websites are CURRENT everyone now/continually
- Ensure no duplication of work different committees working towards the same goals **everyone all the time**
- Invite everyone to be part of the solution not just levels of government meeting organisers – at every opportunity
- No assignment of how, who, when
- Increase housing options using existing stock more efficiently
- Know who is over housed, how to reach them, provide opportunity for them to participate in solutions
- Identify community services that support families and individual needs







JUNE data

Funding org have available to GIVE

- Housing allowance DC CS Adriana/Brad
- Grants available thru Duff Community Foundation
- Gift cards for health needs DAFHT
- Emergency funding for OW recipients (COVID exp) from ON Works
- Utility assistance DC CS Andrea/Jill
- Funding opportunities finding from Lynda Moore OFB
- Homelessness prevention, OW, Financial assistance DC CS

Funding orgs need to GET

- Lynda Moore needs partners to secure larger grants that serve more than one service
- DPSN (Dufferin Parent Support Network) need help with fundraising







JUNE data Constraints for funding

- Cleaning costs adding to expenses on strained budgets
- Lack of community funding
- Limited ability to host regular fundraising events impacting revenue
- Not able to accept donations of physical items impacting expenses
- Limited funding increased costs probable cuts impacting service and in some cases continuation of services

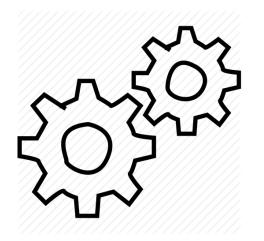






September ACTIONs for funding

- Take names of potential donors forward to Dufferin Community Foundation – everyone – anytime
- Get creative in the way we fundraise using technology everyone – anytime
- Look for opportunities to collaborate for grants and fundraising activities - everyone – anytime









JUNE data

Housing/ Facilities orgs have available to GIVE

Housing

- Homeless prevention DCCS Andrea/Jill
- By names List DCCS Andrea/Jill
- Housing for Health DAFHT
- Golden Girls home sharing Dorothy Mazeau
- Victim Quick Response program CD VS Caledon Dufferin Victim Services

Facilities

- Physical space for meetings DCCS
- BOSS small private space for therapists
- DBOT Biz Hub rooms, offices, services

Housing/ Facilities orgs need to GET

- Housing
- National Housing Benefit
- Shelter for men
- Affordable rental spaces







JUNE data

Constraints for housing / facilities

- Finding quiet space to support clients
- Lack of affordable housing in DC



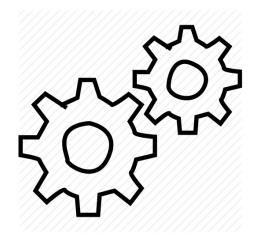




September ACTIONs for housing and facilities

No how, who, or by when assigned

- More subsidized housing
- Rent control
- Rent supplement programs
- Increase Ontario Works rates









JUNE data Supports orgs have available to GIVE

- Hospice Dufferin library for bereavement
- Free weekly social calls BOSS
- Referrals to community resources DCCS
- Information on how to access services DCCS
- Application assistance housing DCCS Phylis/Valerie
- System navigation for resources, federal, prov benefits DAFHT
- Legal clinics for ODSP apps and appeals DAFHT
- Emergency food for kids and youth Children's Foundation
- Volunteer opportunity posting Vol Duff
- Connecting existing Volunteers FTP
- Employment services for persons with disabilities -Coalition for Persons with Disabilities

Supports orgs need to GET

- More mental health case management
- More supports for those with Mental Health issues
- More services and supports for people struggling with addiction
- Connecting with clients with on access to technology
- Increased social assistance
- Volunteer Dufferin needs orgs to post volunteer opportunities
- DPSN needs board members
- BOSS needs volunteers for outdoor activities
- Children's foundation needs help planning for back to school
- We all need more connection to each other
- Supplies for activity bags BOSS







JUNE data Constraints for supports

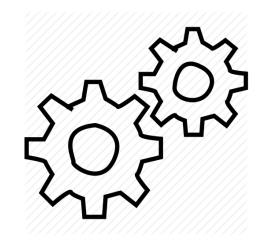
- Volunteers are in vulnerable age groups
- Not having volunteer opportunities for people
- Provincial guidelines
- Boards attachment to pre-pandemic strat plans moving slow uncertain
- Turf wars
- County legislation
- Human resources available in DC, strain on small entities with little resourcing and staff
- Time
- Diversity population differences and issues with masks
- Inability to conduct face to face, especially when clients do not have access to tech or tech is not sufficient to meet needs and situations
- Community reach to take up social media messages, deliver important messages
- Wait lists
- People not seeking services they need due to home situations / restrictions
- Inability to verify client eligibility



September ACTIONs for supports

- Maximise each others existing social media and other communication platforms – everyone – all the time
- Encourage human service agencies to join and participate in DC
 MOVES everyone at every opportunity
- Communicate the work of DC MOVES within your organisation, share with staff – everyone – all the time
- Leverage our DC MOVES network to do more to increase resource sharing – everyone – now and all the time
- Create opportunities based on gaps everyone all the time













Thank you to our Breakout Hosts

Angela Pollard, DC CS Corinne Nielsen, DC CS Jennifer Payne, HCIA

Master Host – Jennifer Payne, HCIA DBOT our facility /wifi host



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Final Thank You's

To our presenters To all of you participating today

REMINDER : Please compete the evaluation coming to you following the session

You got to move it, move it, move it

