

Wellness Check

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Comfort
Keepers.

Elevating the
Human Spirit™

What is a “Wellness Check?”

-Non invasive assessment

-Help to identify changes in wellbeing between check-ups





-Monitor and report any changes in current identified medical conditions





-Early Detection of health changes

-lead to faster diagnosis/treatment



Clients can be assessed for the following...

Cardiovascular

Respiratory

Gastrointestinal

Musculoskeletal

Mental Status/General Appearance

Physical Signs



Why a Comfort Keepers Wellness Check?

- Respect clients desire to maintain their independence
- Focus of health and safety
- Peace of mind

**To Arrange A Comfort Keepers
Wellness Check:**

Please call 519-942-9101 or email us at
lauraperro@comfortkeepers.ca

