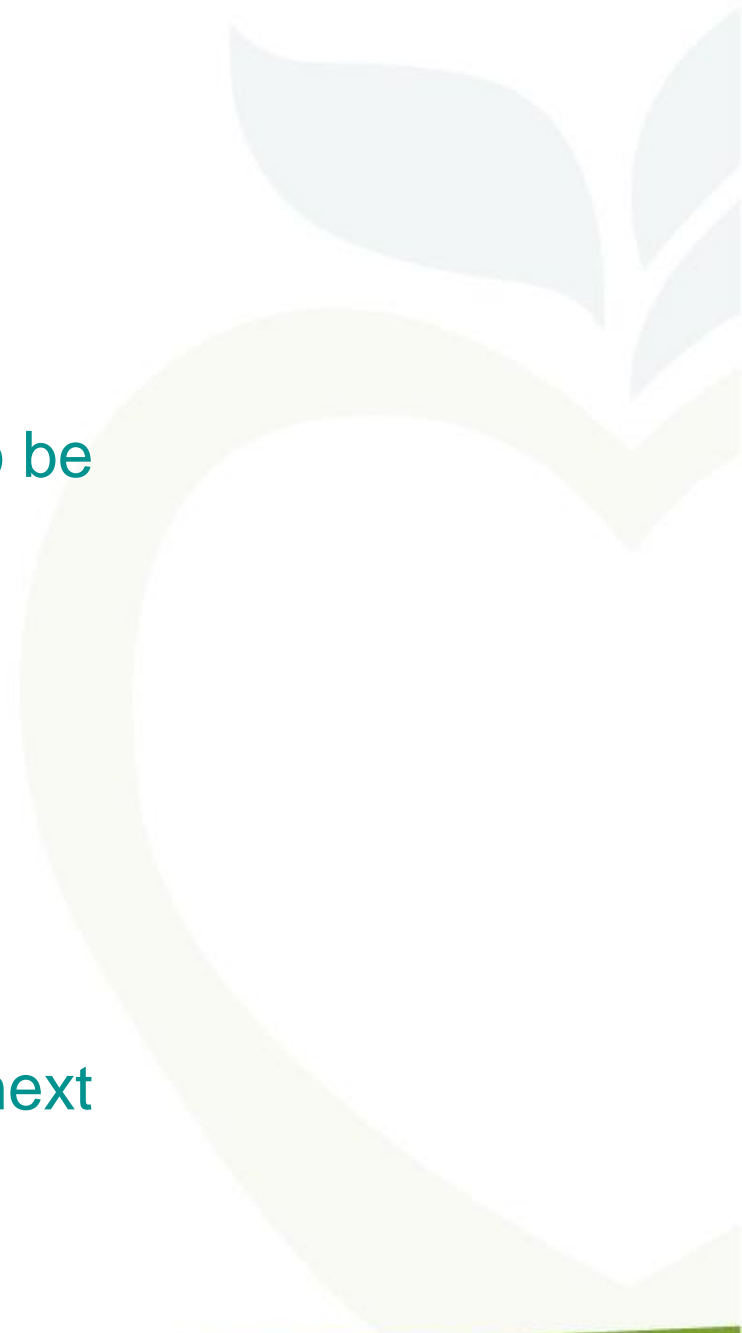


Access to Recreation in Dufferin County - Working Group -

Lindsay Cline & Sonja Vukovic,
Health Promotion Specialists
Wellington-Dufferin-Guelph Public Health

Agenda

- **Past**
 - How this working group came to be
- **Present**
 - Who is involved
 - What we have been working on
- **Future**
 - What we would like to work on next



What is access to recreation?

Recreation:

- Activity that people engage in during their free time, that they enjoy, and recognize as having socially redeeming values
 - Sports, music, games, reading, arts and crafts, dance

Access:

- Opportunity to participate in structured and unstructured recreation to improve health, develop skill or build self-esteem
- *MORE THAN* just the existence of facilities or programs:
 - **Affordable**
 - **Convenient** location (*or available transportation*)
 - **Inclusive** of different cultures, ages and ability levels

Past

- **June 2017 forum**

- Local physical activity data from youth survey
- Intent to increase access to recreation opportunities
- Remove barriers – make available, affordable and accessible/inclusive

- **September 2017 forum**

- Ultimate goal to create policy to support recreation
- Establish a collaborative network; variety of representation
- First step = assess current situation to inform action plan

Present

Since the September 2017 DC Moves forum:

- Recruited potential members to form working group
- To date ~20 members
- Had 2 meetings in the fall; October and November



Jumpstart

Giving kids a sporting chance.

Group Members



**Credit Valley
Conservation**
inspired by nature



Fiddlehead Care Farm
GROW FROM WITHIN



Orangeville
PUBLIC LIBRARY



Upper Grand
District School Board



SHIP
Services and Housing
In the Province



Inspiring Possibilities



Meeting #1

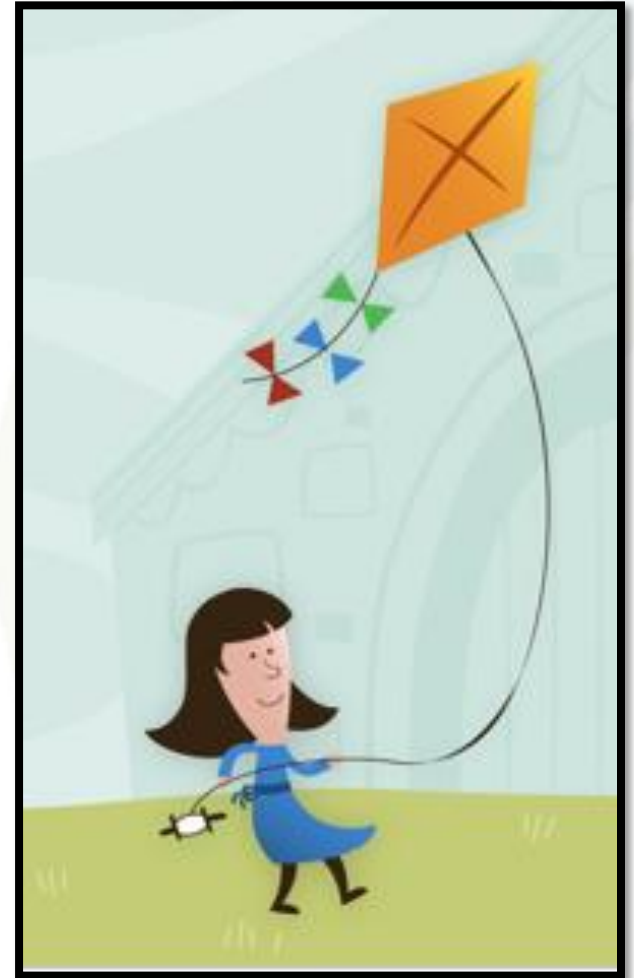
SWOT Analysis:

- **Dufferin has a “strong foundation” to build upon**
 - Variety of recreation programs offered
 - Facilities, arenas, parks, hiking trails, libraries
- **Take advantage of opportunities**
 - This working group – organize voices and work collectively (not in silos)
 - Use social media and collaborations to increase awareness about recreation

Meeting #2

Target Population:

- **Children and youth**
 - Indirectly targets parents, coaches, teachers, grandparents



A Framework for Recreation in Canada

Vision

Everyone engaged in meaningful, accessible recreation experiences, that foster:

Individual Wellbeing

Wellbeing of Natural & Built Environments

Community Wellbeing

Values

Public Good

Inclusion & Equity

Sustainability

Lifelong Participation

Principles of Operation

Outcome-Driven

Quality & Relevance

Evidence-Based

Partnerships

Innovation

A Framework for Recreation in Canada

Goal Areas

Active
Living



Inclusion
& Access



Connecting
People & Nature



Supportive
Environments



Recreation
Capacity



- **Brainstormed desired outcomes for each goal area**
 - Next step – Prioritize which goal area to focus on

Future...



Future

- **Priority setting exercise – what to do first?**
- **Update and streamline existing directories of recreation services available in Dufferin County**
 - Mydufferin.ca
- **Next meeting: end of February**

Thank You!

Any Questions?

